

To: Jesus, Son of Joseph
Woodcrafters Carpenter Shop
Nazareth 25922

From: Jordan Management Consultants
Jerusalem 26544

Dear Sir:

Thank you for submitting the resumes' of the twelve men you have picked for managerial positions in your new organization. All of them have now taken our battery of test; and we have not only run the results through our computer, but also arranged personal interviews for each of them with our psychologist and vocational aptitude consultant.

The profiles of all tests are included, and you will want to study each of them carefully.

As part of our service, we make some general comments for your guidance, much as an auditor will include some general statements. This is given as a result of staff consultation, and comes without any additional fee.

It is the staff's opinion that most of your nominees are lacking in background, education and vocational aptitude for the type of enterprise you are undertaking. They do not have the team concept. We would recommend that you continue your search for persons of experience in managerial ability and proven capability.

Simon Peter, quite frankly, is a "basket case." He is emotionally unstable and given to outrageous fits of temper. Andrew has shown absolutely no qualities of leadership. The two brothers, James and John, sons of Zebedee, place personal interest above company loyalty. Thomas demonstrates a questioning attitude that would tend to undermine morale. We feel that it is our duty to tell you that Matthew has been blacklisted by the Greater Jerusalem Better Business Bureau. James, the son of Alphaeus, along with Thaddaeus, definitely have radical leanings, and they both registered a high score on the manic-depressive scale.

One of the candidates, however, shows great potential. He is man of ability and resourcefulness, meets people well, has a keen business mind and has contacts in high places. He is highly motivated, ambitious and responsible. We recommended Judas Iscariot as your controller and right-hand man. All of the other profiles are self-explanatory.

We wish you every success in your new venture.

Sincerely yours,

Jordan Management Consultants

Instructions

Please do not write anyone's name next to any of the statements in this workbook.

REJECTION

I. INTRODUCTION

- A. Self-Rejection and _____ are major schemes of the enemy to stop an individual and the Church from functioning as Christ intended.
1. It separates and isolates a person from God, and from other people.
 2. Makes a person feel unworthy, undeserving or inferior.
- B. Most people have received rejection at some point in their lives.
- C. In some, the rejection is obvious; in others it is well hidden.
- D. Rejection is the _____ of many problems in our lives.
- E. Many people are not aware that they have roots of rejection in their lives.
- F. A life filled with rejection is not the abundant life that God has for us. John 10:10

II. LOVE OR REJECTION

- A. We are made in the image of God. God is _____.
1 John 4:8 "He who does not love does not know God, for God is love."
- B. Basic needs for development into maturity are _____ and acceptance.
Ephesians 1:6 "To the praise of the glory of His grace, by which He made us accepted in the Beloved."
- C. Failure to receive _____ leaves a vacuum out of which rejection grows.
- D. We cannot have healthy relationships without our emotions being involved.
- E. A natural principle - - - things left vacant will not remain vacant.
1. If a garden is left vacant, it will not remain vacant, you will have weeds.
 2. If you drink a glass of water, you may think that the glass is empty, but it is full of air!
- F. A spiritual principle - - - things left vacant will not remain vacant.
Matthew 12:43-45 "When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then he says, 'I will return to my house from which

I came.' And when he comes, he finds it empty, swept, and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first."

- G. Love that is not _____ communicated leaves a vacuum.
 - Your parents may have been good "providers," but if they didn't express and communicate love you were left with a vacuum.
 - Get Married: say I love you and never say it again unless you're asked.
- H. Rejection comes from an _____ need.
- I. Love must be communicated constantly.
Example: Gas in your gas tank

III. REASONS FOR REJECTION (some of the following were taken from the Elijah House)

- A. Manner or timing of conception.
 - A late in life baby - - an "oops"
 - Birth order: Oldest – "responsibility" Youngest – "rights"
- B. Mother's womb
- C. Manner of birth
- D. Baby not bonded to mother
- E. Being an _____ child
- F. Hereditary, generational rejection
- G. Factors in family home:
 1. Sickness of parent
 2. Sickness of sibling
 3. Father lost his job – "Money was tight"
 4. Father or mother were having an affair
 5. Parents on drugs or alcohol
 6. Parents unable to express love
 7. Ethnic background
- H. Problems caused by teachers or school mates
- I. Self-rejection caused by one's own _____
- J. Multiple causes later in life

IV. THE RESULTS OF REJECTION

- A. _____

1. A negative self-image and a negative self-worth causes **self-rejection**.
2. Example: Little Susie & the garbage
 - * Good * Ignore * Bad * Expected

B. _____ THAT GROW IN THE REJECTION VACUUM

1. Self-rejection
2. Self-hatred
3. Inferiority
4. Failure Syndrome
5. Fear of
 - Rejection
 - Failure
 - People
 - New Situations
6. Torment – become paralyzed and paranoid

1 John 4:18 “There is no fear in love; but perfect love casts out fear, because fear involves torment...”
7. Depression
8. Spirit of Destruction
9. Spirit of Suicide

C. _____ IN THE PERSON’S LIFE

1. The person may withdraw; become a hermit, a loner.
2. The person may find their worth and identity through a self-made image - - that image is pride.
3. Pride compensates for rejection.
4. Pride _____ in the rejection vacuum.

V. **THE INGREDIENTS OF PRIDE**

A. _____

1. Building something of worth
2. Measuring up to people’s opinions
3. Trying to create a good image of self
4. Driven by a Spirit of Slavery
5. Trying to “be” something
6. If someone compliments you or you see it pleases a person or God, you “major” in that area.

B. _____

1. Not just perform, but perform perfectly
2. Your sense of worth comes from performing perfectly
3. You set goals and standards you can never achieve. (clean the whole house)
4. Ask a perfectionist “How are you?” Their answer? **I’M FINE** “sin” drome
Fouled up Insecure Neurotic Exhausted

C. A _____ Spirit

1. Critical of self: you can't take a compliment, not worthy, not good enough.
2. Critical of others: your spouse, children, and those closest to you.

D. _____

1. Can't forgive yourself for not being perfect.
2. Can't forgive others for not being perfect.

E. _____

1. Always focused on self. Am I dressed right? Acting right? Did I say that right?
2. You start to feel like a martyr.

F. **PRIDE IS SIN** Do you have "I-I-Itus?"

VI. TYPES OF REJECTION & RESULTS

A. TYPES OF _____:

1. Deserved
2. Undeserved
3. Group rejection
4. For Christ's sake

B. RESULTS OF REJECTION:

1. Certain basic _____ are not met in the person's life.
2. They have been denied proper foundations and have built upon improper ones.

- | | |
|-------------------------|------------------------|
| 3. DENIED FEELINGS OF: | DEVELOPED FEELINGS OF: |
| a. security - - - - - | insecurity |
| b. acceptance - - - - - | self-rejection |
| c. belonging - - - - - | loneliness |
| d. value - - - - - | worthlessness |
| e. love - - - - - | undesirableness |

4. **Being Born Again does not automatically cancel these feelings!!**

5. Your **Super Self**:

- a. Is an imaginary image of what you **think** you must be.
- b. Puts demands on you to try to be someone you are not.
- c. Distorts the meaning of being happy and stifles real joy.
 - Happiness depends on what _____.
 - Joy depends on your relationship with the Lord.

VII. SCRIPTURE

- A. **JEREMIAH 17:5-8** *Thus says the LORD: “Cursed is the man who trusts in man and makes flesh his strength, whose heart departs from the LORD. For he shall be like a shrub in the desert, and shall not see when good comes, but shall inhabit the parched places in the wilderness, in a salt land which is not inhabited. Blessed is the man who trusts in the LORD, and whose hope is in the LORD. For he shall be like a tree planted by the waters, which spreads out its roots by the river, and will not fear when heat comes; but its leaf will be green, and will not be anxious in the year of drought, nor will cease from yielding fruit.”*
- B. **PSALM 138:6** *“Though the Lord is on high yet He regards the lowly; But the proud He knows from afar.”*
- C. **EPHESIANS 3:17-19** *“That Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width, and length, and depth, and height; to know the love of Christ, which passes knowledge, that you may be filled with all the fullness of God.”*
1. No room for anything but _____!
No room for:
 - a. Self-rejection
 - b. Self-hatred
 - c. Inferiority
 - d. Failure syndrome
 - e. Fear of rejection, failure, people, new situations
 - f. Torment
 - g. Depression
 - h. Spirit of destruction, spirit of suicide
 - i. Performance
 - j. Critical spirit
 - k. Unforgiveness
 - l. Self-centeredness
 2. Pride is like a tombstone over a _____.
 - a. It looks pretty
 - b. Underneath is death
 - c. Rejection is death
 - d. Perfectionists can look good on the outside, but underneath is death.
 3. **Isaiah 53:3** *“He is despised and _____ by men, a Man of sorrows and acquainted with grief.”*
 4. **Isaiah 53:4** *“Surely he has borne our griefs, and carried our sorrows . . .”*
 - Rejection brings grief and sorrow. Only God can heal us and set us free.
 5. **John 8:32** *“You will know the truth, the truth will set you free.”*

VIII. HOW DOES REJECTION AFFECT RELATIONSHIPS?

A. HUSBAND

1. In the world he is Mr. _____.
2. He is usually a workaholic.
3. In the family he may be a failure; he is poor in relationships at home because he is so busy performing at work.
4. He has no energy left for relationships at home.

B. WIFE

1. If she has a _____, she is Mrs. Success.
2. If she stays at home, she builds her life and her perfectionism around her family.
3. Because of her needs she tries to make her children perfect.
4. She builds her perfectionism and fears into her children.

C. FRIEND

1. Looking for someone to fill their _____.
2. When they find a friend, they absorb, draw from and cling to that friend.
3. No one can be there 24/7 and meet all their needs.
4. Eventually the friend draws back..... more rejection.

D. PEOPLE PLEASERS

1. No person or persons can meet all your needs!! _____ causes you to become a people pleaser.
2. *Jeremiah 17:5 "Cursed is the man who trusts in man..."*

IX. PROGRESSION

A. **PERFECTIONISM** WHEN IT BECOMES TOO MUCH AND IT'S TOO HARD CAN LEAD TO **PROCRASTINATION** WHICH CAN LEAD TO **PARALYSIS**.

1. How can I know if I am a paralyzed perfectionist?
2. Do you live in chaos and confusion, but it doesn't seem to bother you?
3. Do you live in chaos and confusion, and it drives you crazy?

B. THE KEY TO SUCCESS IS _____!

1. Afraid to try something new?
2. Afraid to fail? To be embarrassed?
3. Want to learn something new? You must be willing to fail!
4. Examples: typing, roller skating, walking

X. GENERAL PATTERNS

General patterns are evidenced in a person who has been rejected. A child's spirit is aware even before the child is totally developed. Even medical doctors now attest to the baby's awareness in the womb (Secret Life of the Unborn Child).

- A. The enemy causes the person to experience a pattern of rejection - - - not fitting in, not meeting the standard that people set up for their lives.
- B. A point is reached where the person _____ with the pattern, and then begins to walk in it.

Amos 3:3 "Can two walk together, unless they are agreed?"

- C. He anticipates and **expects** rejection because he feels that he **deserves** it because of the way he is. He believes that there is something inherently wrong with himself.
- D. Then deep self-hatred sets in: dislike of self- - inward, outward or both.

XI. COMMON CHARACTERISTICS

- A. There is a _____ of God. He made a mistake when He made me; He doesn't care about me, love me, or hear me.
- B. There is a judgement of self. I'm not deserving or worthy, I deserve rejection.
- C. Outward appearances are not always true indicators of who a person really is. Outwardly one can appear to be **defeated**, depressed, despairing - - - or they may seem to be extremely strong and **confident**, yet both can be full of rejection.
- D. Rejection, and very _____ affection or nurturing by parents is typical.
- E. Unusually strong control and fear of losing **control**.
- F. **Weapons used to keep the pain away:** vows, judgements, word curses (both by self and others), escapism, mind-control, fantasy, anger, rage, retaliation, self-justification, striving, control.
- G. **Fears:** of failure, rejection, people, of new situations, abandonment, betrayal, losing control, fear of being vulnerable. *Psalm: 56:3 "Whenever I am afraid I will trust in You."*
- H. It is not unusual to not like yourself physically.
- I. _____ thoughts and tendencies are common.
John 10:10 "The thief does not come except to steal and to kill and to destroy; I have come that they may have life, and that they may have it more abundantly."
- J. Many times the child was not wanted from the start or felt he or she was the wrong gender. Others have gone unnoticed or are one of many children and received little attention.

XII. EVIDENCE OF SELF-REJECTION

A. OVER-ATTENTION ON CLOTHES

Undue concern for clothes may be an attempt to _____ up or compensate for unchangeable physical features that the person has rejected.

Matthew 6:27-29 “Who of you by worrying can add a single hour to his life? “And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these.”

B. INABILITY TO _____ GOD

If we reject God’s basic design in making us, it may then also be difficult to put confidence in the Designer for other areas of our life.

Ephesians 2:10 “For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them.”

Psalms 139:14 “I will praise You, for I am fearfully and wonderfully made; Marvelous are Your works, and that my soul knows very well.”

C. EXCESSIVE SHYNESS

Fear of what others will think of us may then cause others to reflect our attitudes of fear back to us.

D. _____ IN LOVING OTHERS

We are to love our neighbor as we do ourselves. If we cannot “love ourselves” in the right way, we will also find it difficult to love others in the right way.

Matthew 19:19 “Honor your father and your mother, and you shall love your neighbor as yourself.”

E. SELF-CRITICISM

Complaints about unchangeable physical features, abilities, parentage and social heritage are significant indications of self-rejection.

Romans 9:20 But indeed, O man, who are you to reply against God? Will the thing formed say to him who formed it, “Why have you made me like this?”

F. WISHFUL COMPARISON WITH OTHERS

Desiring to be different in areas that cannot be changed is a clear evidence of self-rejection. On the other hand, we should desire to be different in attitudes and character, which do not conform to the image of Jesus.

II Corinthians 10:12 “For we dare not class ourselves or compare ourselves with those who commend themselves. But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise.”

G. _____

Many have said, “I hate myself.” They may be referring to things that they have said or done, or they may be referring to their whole being. In the latter case, their final hatred will be directed toward the one who made them.

- H. _____
It is healthy to a certain degree to want to keep improving. But when the time expended outweighs the value of accomplishment, then it is an evidence of self-rejection.
- I. ATTITUDES OF SUPERIORITY
When we boast of our achievements, “name drop” or refuse to associate with certain kinds of people, we are exhibiting outward indications of both pride and inferiority.
- Whatever we have is from God therefore “. . . *why do you boast as if you have not received it?*” *I Corinthians 4:6-7*
 - A person who acts superior is usually a person who inwardly feels inferior but is trying to narrow his field of comparison.
- J. AWKWARD ATTEMPTS TO _____
Self-conscious actions or statements to cover up unchangeable “defects” may indicate self-rejection. If we have a “defect” which we cannot change and which God through prayer has not changed, then we are able to claim - - -
- II Corinthians 12:9 “My grace is sufficient for you, for My strength is made perfect in weakness.”*
- K. EXTRAVANGANCE
An evidence of self-rejection may be in the form of lavish spending on expensive items in hopes that they will bring admiration and acceptance to the owner.
- Luke 12:15 And He said to them, “Take heed and beware of covetousness, for one’s life does not consist in the abundance of the things he possesses.”*
- L. _____ PRIORITIES
When we neglect God-given responsibilities in order to spend great amounts of time in pursuits that will bring acclaim from others, we may be revealing evidences of self-rejection.

XIII. REJECTION - - - A BLESSING???

- A. What example do we find in the Word of rejection becoming a blessing for thousands of people?
- B. _____ rejected _____.
- C. Brought life to the _____!!
- D. Rejection is a playing field for God to solve a problem!

INSTRUCTIONS FOR GROUP DISCUSSION

- Read question #1
- Each person answer question #1
- Read the next question and each person answer it.
- No counseling – this is a time to share and listen!
- Let people cry if they need to. This is a safe place for God's tears.

QUESTIONS

1. I feel I have received rejection as a child from - - -
2. I feel I have received rejection as a teen from - - -
3. I feel I have received rejection as an adult from - - -
4. I feel I have received rejection from people in church when - - -
(Please don't mention the names of any persons or churches.)
5. Which of the following "roots" do you feel you have?

Self-rejection	Fear of people
Self-hatred	Fear of new situations
Inferiority	Torment
Failure syndrome	Depression
Fear of rejection	Spirit of suicide
Fear of failure	
6. In what areas do you think you "perform" and try to please people?
7. In what area do you set goals and standards for yourself that you can never achieve?
8. In what areas are you critical of yourself?
9. What has Christ forgiven you for that you are still holding against yourself?

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